

# ADVENTUREX

WITHOUT ADVENTURE... WHAT IS LIFE?

## The Grand Canyon

Few conversations about 'classic' rafting holidays go much further than talking about the Grand Canyon. This is one of the world's best trips, not just for the 226 miles of rafting, but also for the side hikes up canyons and to ancient Indian ruins. We are amazed at the absolute beauty of this area, as we are sure you will be too. This trip will certainly stay engraved within your mind for years to come.

### Your Itinerary

#### Day 1:

You arrive at Flagstaff airport, Arizona and we will meet you and drive to your hotel for the evening. Meet up later for a great meal at one of the fantastic restaurants in town. Sample small town American hospitality at its best.  
(No meals included)

#### Day 2:

We meet for an early breakfast at 7am and transport you to Lees Ferry. It's a gorgeous drive. Once we get to Lees Ferry, you will be outfitted with the remainder of the equipment, given a full and comprehensive safety talk as well as paddle instructions. As we float off downstream, you are about to embark on one of the best river journeys in the world. The history as well as the geology of this area is astounding in its beauty.  
(Included breakfast, lunch and dinner)

#### Days 3 to 15:

Each day we run amazing rapids such as the famous *Crystal*, *Granite* and the original *Lava* as well as awesome blast rapids such as the *Hermit*! White sandy beaches, gorgeous side hikes everyday. Many people never get to sample the beauty of the Grand Canyon from within. For those of you who have seen it from the rim, that in itself is a stunning experience, set amidst gorgeous granite and marble walls. We camp on beaches with just the river in the background lulling us to sleep. We visit ancient Indian ruins high above the river and view the scenic beauty of this canyon. We run the rapids and see where Major John Powell ran these rapids and this gorge in the late 1800's in wooden dories. Similar boats are still in use in the Canyon.

Your trip on the river finishes at Diamond Creek where we are met and taken back to Flagstaff for our post trip meal. You have reason to feel proud of yourself! You have completed one of the best river trips in the world. We stay overnight in Flagstaff.  
(All meals included days 3 to 15. Dinner night 15 not included)

#### Day 16:

Depart our hotel for Flagstaff Airport and connect to your flight back to the UK.

# The Details

## What Is Included?:

- Transfers from Flagstaff to Lees Ferry (the start point) and from Diamond Creek back to Flagstaff after the trip. We will meet you at the airport. We request that you are there on Day 1, the day before your rafting trip departs (as described above).
- Accommodation the night before and after the river trip in a tourist hotel. This will be on a share twin basis with somebody else on the trip. Single supplements available.
- All transfers to and from the river.
- All meals from breakfast on Day 2 to lunch on Day 15. We can cater for any dietary requests, just let us know!
- All rafting equipment, including the best in buoyancy aids, helmets, and spray jackets.
- Tented accommodation whilst on the river.
- All camping equipment including thermarest style mattresses and chairs (sleeping bags not included).
- Qualified and experienced guides. We have a mixture of local and overseas guides who are extremely professional and are some of the most experienced guides in the world. These guys and girls make every effort to make your trip memorable and fun whilst at all times ensuring your safety. They all hold advanced first aid qualifications and in the unlikely event of an injury they have the expertise and professionalism to deal with it.
- All necessary permits and licenses.
- A cool AdventureX T shirt!

*Please Note:* Not included are flights, visas, departure taxes, travel insurance, inoculations, sleeping bags, video or DVD of your trip, alcohol, personal items or gratuities. You will also need to budget for meals in town which are not included in the price and any extra accommodation outside what is provided.

## Climate & Water Levels:

Water Flows are controlled by Glen Canyon Dam and as such flows are consistently good from April to September. It's the only river we do anywhere in the world where the tide goes in and out! Temperatures are usually between 80 - 105 degrees with night time temperatures 10 - 20 degrees lower. We never know for sure when it will rain. It is extremely impressive if it does... the waterfalls and side streams are amazing! Bring a rain jacket just in case, but we also provide a spray jacket for on the river. We also suggest a thermal top. Even if it's warm, the river is very cold (under 40 degrees Fahrenheit).

## Beer Kitty:

Generally on all our trips people put in for a beer kitty if they want some supplies for the evenings. You can contribute based on how many you would like and we collect the money the night before the trip. We provide water, soft drinks and hot beverages during the day and evenings.

## Fishing:

Please let us know if you are interested in this before the trip and we will organise some fishing licenses for you. You can catch trout, carp and catfish.

## Dress Code:

Dress is casual around camp but you can get your smarter gear out for the post trip meal in Flagstaff.

## Personal Equipment:

After years on the river the guides have found exactly what is necessary to feel comfortable on the raft by day, cosy around the camp at night and totally in style in town before and after the trip. Therefore our equipment list will mean that you will be perfectly attired and outfitted for your whole trip and well under the baggage allowance. A full list of what we recommend will be sent to you upon booking confirmation. We find that most people already have in their possession what is needed for a rafting trip and very little if anything in specialised equipment will need to be bought. Perhaps the only thing that we specifically recommend for America is PLENTY of sunscreen.

## What Is Supplied By AdventureX?

Tent (1 for every 2 people)  
All river running equipment  
Tent equipment  
Ground cloth and foam pad  
Eating Utensils  
All meals whilst on the river  
A small Peli case for your camera  
Waterproof duffel bag  
Shuttle from Flagstaff to Lee's Ferry and from Diamond Creek to Flagstaff at end of trip

## What Do You Need To Bring?

Camera and plenty of film  
Small pillow  
Sleeping bag  
Personal toilet articles:  
    Towel & washcloth  
    Toothbrush & toothpaste  
    Sunscreen SPF 15+ /moisturizing lotion/ lip balm SPF 15 +  
    Soap & shampoo (biodegradable)  
Light coat/windbreaker or sweatshirt (Spring trips need heavier coats)  
Other t-shirts  
Rain coat  
Shirts-long & short sleeved (good for sun protection)  
2 pairs shoes (we suggest a pair of hiking boots and a pair of Sandals)  
2 pair eyeglasses or spare contacts with tie-on strap  
Pants (of quick drying fabric work best)  
Sunglasses with tie-on strap  
Shorts  
Medium sized plastic water bottles (for taking on hikes)  
Carabiner for attaching water bottle to raft  
Swimsuit (s)  
Flashlight or Headlamp + extra batteries (for evenings)

### **Fitness and Safety:**

The Colorado River is a great trip. There are no specific requirements for this trip although we do recommend a reasonable standard of fitness to get the most out of it as the side hikes are great ! At times we will do some loops away from the river and meet up with the rafts again downstream from where we left them. Please let us know if you have any medical conditions or are taking any medications that could affect you throughout the course of the trip that you think we should be aware of.

### **Finally...**

Please remember that things do change, prices go up and down, activities stop running or change format and weather can send the best laid plans out the door. AdventureX will do its best to provide what is described above but please take into consideration the nature of the journey that you are embarking on, and the country that you are travelling in and understand that a certain degree of flexibility is necessary.

*We look forward to seeing you there and sharing this amazing adventure with you!*